



Voshaar Outdoor & Education **Wilderness Guide Logbook** Backpacking / Multiple day trip

Name:
Date(s):
Instructor(s) / Guide(s):
Group:
Number:
Location:
Terrain:
Activity:
Remarks:
Contacts logistics:
Contact Emergency:



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**METEO**

Forecast day 1	2	3	4	5	6	7	Reality day 1	2	3	4	5	6	7
Temperature:													
Precipitation:													
Wind:													
Sky / Clouds:													

**NAVIGATION Preparation**

Map number:	
Map name:	
Map scale:	

**NAVIGATION Practicum**

Base camp Location:	GPS coordinates:
Transportation (vehicle) Location:	GPS coordinates:



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Day	1	2	3	4	5	6	7
Camp location							
Coordinates							
Distance							
Duration estimated							
Duration reality							
Elevation Start: Highest point: Lowest Point:							
Elevation gain : Elevation los:							
Closest fresh water source							
Remarks							



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**Nutrition**

Day	Morning	Afternoon	Evening
1			
2			
3			
4			
5			
6			
7			



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**Personal fitness**

Day	1	2	3	4	5	6	7
EMI activity 1/10							
EMI rest 1/10							
Physical Shape 1/10							
Mental Shape 1/10							
Remarks							



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**Flora & Fauna**

**Plants**

Species	Species	Species	Species	Species	Species



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Birds

Species	Species	Species	Species	Species	Species



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**Mammals (sightings / tracks & signs)**

Species	Location	Species	Location	Species	Location





Techniques used 1





Techniques used 2











**SAFETY**

**Incidents / accidents**

[Empty rectangular box for reporting incidents or accidents]

**Safety Comments**

[Empty rectangular box for safety comments]





**Personal evaluation**

<b>Roles</b>
<b>Responsibility</b>
<b>Decisions</b>
<b>Conflicts</b>
<b>Personal aspects</b>
<b>Group aspects</b>
<b>Safety</b>
<b>Feedback from instructor</b>



**Feedback from group participants**

Positive	Negative





Notes:



