



Voshaar Outdoor & Education **Wilderness Guide Logbook** Day trip

Name:
Date(s):
Instructor(s) / Guide(s):
Group:
Number:
Location:
Terrain:
Activity:
Remarks:
Contacts logistics:
Contact Emergency:





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METEO

Forecast	Reality
Temperature:	
Precipitation:	
Wind:	
Sky / Clouds:	

NAVIGATION Preparation

Map number:	
Map name:	
Map scale:	

NAVIGATION Practicum

Base camp Location:	GPS coordinates:
Transportation (vehicle) Location:	GPS coordinates:



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Day	
Camp location	
Coordinates	
Distance	
Duration estimated	
Duration reality	
Elevation Start: Highest point: Lowest Point:	
Elevation gain : Elevation los:	
Closest fresh water source	
Remarks	



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Nutrition

Day	Morning	Afternoon	Evening

Personal fitness

Day	
EMI activity 1/10	
EMI rest 1/10	
Physical Shape 1/10	
Mental Shape 1/10	
Remarks	



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Flora & Fauna

Plants

Species	Species	Species	Species	Species	Species



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Birds

Species	Species	Species	Species	Species	Species



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Mammals (sightings / tracks & signs)

Species	Location	Species	Location	Species	Location



Techniques used





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Equipment 1



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Contacts Group

Name	Cell- phone	





SAFETY

Incidents / accidents

[Empty rectangular box for reporting incidents or accidents]

Safety Comments

[Empty rectangular box for safety comments]





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Personal evaluation

Roles
Responsibility
Decisions
Conflicts
Personal aspects
Group aspects
Safety
Feedback from instructor





Feedback from group participants

Positive	Negative

Notes:

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